

THE RED YARN CLEANSING SPELL

THIS SPELL USES THE SYMBOLIC MEASUREMENT AND DESTRUCTION OF YARN TO FOCUS INTENT ON REMOVING NEGATIVITY OR SICKNESS FROM THE PERSON, INVOKING THE TRANSFORMATIVE POWER OF FIRE OR WATER.

MATERIALS NEEDED:

Ball of red yarn
Lighter
Fire-proof bowl
Scissors

INSTRUCTIONS:

Have the sick person stand in front of you. Take the free end of the red yarn and place it at the top of the person's head. Have them hold the yarn for you while you measure all the way down to their heel with the yarn. Have them sit down and take off their shoe. Add the measurement of their foot to the yarn that you are holding. This means that the yarn will measure their height plus one foot measurement. Cut the yarn at the end of the measurement.

Hold the yarn in your hand and say:

"I remove, I banish, I take off any sickness or negativity on (person's name).
So mote it be!

Burn the yarn in the fire-proof bowl and say:

"Fire coil and fire roil, dragon's tail and cauldron boil!
Remove the negativity from (person's name) now!
So mote it be!"

Be careful not to burn your fingers. If you are not allowed to use fire, then throw the yarn in a living body of water or bury the yarn off your property.

Explanation of the Spell:

Ball of red yarn: Represents the sickness or negativity being measured and removed. The sick person stands while you measure a length of red yarn from the top of their head to their heel. This represents the height of the person and the area from which the negativity will be removed. Adding the foot measurement ensures completeness. You cut the yarn to the measured length, symbolizing the collection of all the negativity or sickness from the person's body. Holding the yarn, you chant a banishment incantation, declaring the removal of sickness or negativity from the person. You burn the yarn in a fire-proof bowl while chanting another incantation, using the fire to symbolically destroy the negativity. If fire is not an option, you can dispose of the yarn in a natural body of water or bury it off your property.