

HEALTH RESTORATION SPELL

THE HEALTH RESTORATION SPELL IS DESIGNED TO EITHER INVOKE HEALING ENERGIES OR BANISH ILLNESS, DEPENDING ON THE MOON PHASE.

MATERIALS NEEDED:

Green, brown, or black candle
Eucalyptus or patchouli oil
Knife

INSTRUCTIONS:

There are two types of healing: invoking healing energies and banishing illness. These have different methods but can be performed at any time during the lunar cycle. Choose one based on the moon phase: During the waxing moon (or on the full moon for extra energy), anoint a green candle with eucalyptus oil. During the waning moon (or on the black moon for extra energy), anoint a brown or black candle with patchouli oil. As you anoint the candle, charge it with your energy: Hold the candle in both hands, imagining energy flowing out of your right hand, saturating the candle, and flowing back into your left hand. This ensures you don't deplete your own energy.

Recite the following four times while charging the candle:

"Lovers dream
And children play
As bodies dry
Like earthen clay
But for the spark
Of life within
No charm or spell
Could rouse the skin
Yet I doth will
The spirit's fate
And call the stars
To stay the Gate.
This shell of life
Shall deign to thrive
'Til it no more
Remains alive."