



MOONLIT GUARDIAN:

A Mugwort Protective Oil

MUGWORT IS A REMARKABLE HERB KNOWN FOR ITS PROTECTIVE, PURIFYING, AND CLEANSING PROPERTIES. BELONGING TO THE ARTEMISIA FAMILY, MUGWORT IS EASY TO GROW AND IS EFFECTIVE IN SHIELDING AGAINST NEGATIVE ENERGIES. WHEN COMBINED WITH OTHER PROTECTIVE HERBS IN AN OIL, MUGWORT'S POTENCY IS ENHANCED, MAKING IT SUITABLE FOR A VARIETY OF PROTECTIVE USES. CREATING OILS IS A FULFILLING PROCESS, ALLOWING FOR VERSATILE APPLICATIONS. FOR BEST RESULTS, ALLOW THE OIL TO INFUSE DURING A FULL MOON CYCLE

MATERIALS NEEDED:

Protection incense (such as rosemary, cloves, cinnamon, or bay)

Small jar with a lid - Make sure its sterilised

3 tbsp (15 g) dried mugwort

3 tbsp (21 g) frankincense

3 tbsp (10 g) dried rosemary

3 tbsp (6 g) dried sage

3 tbsp (6 g) dried hyssop

3 star anise

3 cloves

1 bay leaf

1 cinnamon stick or 1 tbsp (8 g) cinnamon chips

Optional: mortar and pestle

Pinch of sea salt

Sunflower or other plant-based oil

1 small black candle

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STEPS:

Begin by lighting your chosen protection incense to create the right atmosphere.

Energetically cleanse your sterilised jar inside and out by holding it over the incense. Set your intention for the oil. What do you need protection from? Is it for a specific purpose or general protection? Close your eyes and visualize a protective bubble surrounding you.

Add each herb to the jar, breaking them into smaller pieces or lightly crushing them in a mortar to release their essence. As you add each herb, whisper "*protect me*" or "*thank you for protecting me,*" expressing gratitude to the plants aiding you.

Include a pinch of salt.

Once all ingredients are in the jar, fill it to the top with oil and securely fasten the lid.

Inscribe the candle with "protection" or symbols that signify protection to you, personalizing it to your intention. Light the candle and let it burn, either over the jar so the wax drips down or next to it.

Let the jar sit for a full moon cycle before using. Once ready, use the oil to anoint candles, in other spell work, on yourself, others, your home, or your car for protection.